



Outdoorlife Norway AS
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(+47) 51 88 03 88

Information – Private Månafossen Waterfall Hike

THANK YOU FOR JOINING OUTDOORLIFE NORWAY ON OUR PRIVATELY-GUIDED MÅNAFOSSEN WATERFALL HIKE! PLEASE READ THE FOLLOWING DOCUMENT THOROUGHLY, AS IT INCLUDES IMPORTANT INFORMATION ABOUT YOUR HIKE.

TOUR INFO

The tour's total duration is approximately 6.5 hours. The hike itself takes about 2.5 hours, including breaks. You will be hiking through hilly terrain that may be wet and/or muddy. Changes in weather conditions should be expected.

Included in Ticket Price:

- Professional guide with navigation, safety, and emergency equipment
- Use of hiking poles
- Hot beverage and a snack during the hike
- Visit to [Byrkjedalstunet](#) | 30 mins.
- Visit to [Gloppedalsura](#) | 15 mins.
- Visit to the [Swords in Rock](#) Monument | 30 mins.
- FREE Photography Package

MINIMUM SIZE REQUIRED FOR PARTICIPATION

**AS STATED IN OUR GENERAL CONDITIONS OF CONTRACT, TO BE ELIGIBLE TO JOIN THIS TOUR, ALL PARTICIPANTS IN YOUR GROUP MUST BE OVER:
[15KG/33LBS. AND 105CM/3FT.6IN.](#)**

IMPORTANT:

Norwegian traffic law requires that passengers under 36kg/79Lbs. AND 135cm/4ft.5in use child safety seats while being transported in land vehicles.

If this rule may apply to anyone in your group, it is important that you communicate this to us no later than 24-hours before the start of your tour. If you didn't choose to add a child safety seat(s) while booking, please send an [email](#) specifying the number of guests who may require seats. Doing so will ensure that your guide brings along all necessary equipment.

If any member of your group falls below our minimum size requirements, and/or you fail to communicate your need for child safety seat(s) in a timely manner, Outdoorlife Norway reserves the right to partially or fully deny the participation of your group on the tour. In the event that this happens, no refunds will be given.



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PICK-UP

YOUR GUIDE WILL PICK YOU UP AT THE TIME & MEETING POINT YOU SELECTED WHEN BOOKING*, WHICH IS STATED ON YOUR PDF TICKET WE SENT TO YOU BY EMAIL.

If you chose Stavanger Tourist Information Office / Cruise ship port as your pick-up location, you can find the address on Google Maps [HERE](#).

NOTE | Airbnb Locations

- Airbnb pick-up locations are limited to Stavanger city center
- After completing your booking, you must **send us** your Airbnb address no later than 12 hours before the start of the tour. We will confirm or assign you an alternative pick-up location (see next point). *Please make sure to check your email for any changes.*
- Unfortunately, certain Airbnb locations are not easily reachable by car. When this is the case, we ask guests to meet their guide at the closest alternative pick-up location.

***If you don't remember your meeting point and/or time, or would like to change it, please contact us by [email](#).**

PLEASE BE ON TIME! If you are not present at the pick-up location within 10 minutes of your pick-up time, and the guide cannot get hold of you by phone, we will consider the tour cancelled by you. In such a case, you will not get a refund.

COME PREPARED

REMEMBER TO EAT A PROPER BREAKFAST BEFORE THE HIKE TO ENSURE YOU'LL HAVE ENERGY DURING THE DAY.

TO ENSURE SAFETY AND COMFORT, PLEASE WEAR/BRING THE FOLLOWING:

- Water-proof mountain boots* + warm socks (NO SNEAKERS ALLOWED!)
- Wind/waterproof pants & jacket* (NO JEANS ALLOWED!)
- Fleece or woolen sweater (spring, autumn)
- Warm hat and gloves (spring, autumn)
- Backpack* containing extra clothing layers to use during the lunchbreak, as needed
- Packed lunch & bottled water

**If you don't have mountain boots, wind/waterproof pants/jacket, or a day-pack, we offer these items for an additional charge:*

- *Waterproof mountain boots (Eur. 36-46) – rental NOK 200 per pair/day*
- *Wind/waterproof pants or jacket (unisex XXS-XXL) – rental NOK 150 per piece/day*
- *Day-pack (30-litre, 2-compartment) – rental NOK 50 per pack/day*

You can easily add additional items to your booking [HERE](#). Payments are made by credit card.



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If you pre-paid for rental of mountain boots and/or clothing, but did not add sizing information, please send us an [email](#) with all relevant information.

PHOTOGRAPHY PACKAGE

FOCUS ON THE EXPERIENCE AND LEAVE THE PHOTOGRAPHY TO US!

This tour includes a free photography package.

To help ensure that you get memorable photos from your hike, our guides carry quality cameras and are familiar with where and how to capture the best shots. Per trip, our guides aim to take between 100-200 photos, including a mixture of landscape, action, group, and posing shots. Post-tour, we'll edit the best 25-40 photos and make them available for download as JPG files.

Once the photos are ready for download, you'll receive a link to a zip file.

USE OF DRONES

Unfortunately, we don't allow drones on our tours. We ask that you please respect this and leave your drone at home.

PLEASE NOTE

Our guides are not permitted to handle guests' personal phones and/or cameras.

Our guides' ability to take photos during any given tour is dependent on weather conditions. Although we aim to include a wide range of images in every package, we cannot guarantee that photos will be taken throughout the tour and/or that the photo package will include specific types of images.

ACCOMMODATION

For a list of recommended accommodation in the region, please click [HERE](#).

WEATHER CONDITIONS

PLEASE CHECK YOUR EMAIL AND PHONE ON THE MORNING OF THE HIKE.

Due to the possibility of rapidly-changing weather conditions, your hike may need to be rescheduled for another day, or cancelled on short notice. In such cases, we'll send you an e-mail and a text message to the address & mobile phone number you provided when booking.

NOTE:

If you're curious about the weather forecast for your hike, you can check the forecast [HERE](#).



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COMMUNICATION DEADLINE

DO YOU NEED TO MAKE A CHANGE TO YOUR BOOKING?

- Did you rent equipment but haven't told us which sizes you need?
- Do you have a child in your party that requires a car seat?
- Do you still need to send us your Airbnb address?

NO PROBLEM!

However, to ensure that we have the opportunity to accommodate changes to your booking(s) before the start of the tour(s), requests must be received by us no later than 24 hours before the start of the tour.

Please submit requests for changes via [email](#).

NOTE | Changes to your booking(s) are valid only after we have acknowledged and confirmed the updates.

CANCELLATION POLICY

When you booked this tour, you agreed to our general conditions of contract.

For detailed information regarding cancellation, risk, liability, and insurance, please review our policies [HERE](#).

Don't hesitate to contact us in case you have any questions.

WE LOOK FORWARD TO HIKING WITH YOU!

Kind regards,

Johannes C. Apon
Arctic Nature Guide | Founder
www.outdoorlifenorway.com
www.facebook.com/outdoorlifenorway